



## Produce & Dairy

**Major Market Influence** - Weather in Mexico. Flooding rains are keeping crops from being harvested and trucks from being loaded.

**Avocados** - The market is starting to come off as California comes on, however, we are seeing a lot of number 2's available.

**Local Products** - Check out our weekly specials sheet today as we added a lot of local products to the list!

**Cabbage** - We have locked in pricing for the week and we have some shredded cabbage available from our prep kitchen.

**Corn** - Next monday the spring promotion starts out of Florida and prices will be locked in through Memorial Day.

**Hot Peppers** - Prices have come down on most varieties. Some, like Shishitos are having issues with 'bloom drop' as a couple cold snaps impacted plants.

**Limes** - Trucks were unable to load out of Mexican growing regions last week due to rain. The beginning of this week product was very short and prices were up.

**Limes** - Quality and sizing has been difficult for the past week. We are currently looking at other farms.

**Tomatoes** - Gapping between winter and spring crops has caused some large jumps in price.

**Peppers** - The market is very tight and we expect it to last for at least the next few weeks. Yellow seems to be the tightest of all the colors.

## Seafood

**Venezuelan Crab Meat** - The latest news from Venezuela is that over 3/4 of the country is without power as political tensions increase. We have product to get through the beginning of the week, but we are unsure of how this will play out towards the weekend.

**Striped Bass (Rockfish)** - Favorable weather over the weekend allowed boats in the Chesapeake to get out over the weekend. We are seeing fish come in and prices come down.

**Mahi** - 'Carnival' in Central and South America kept many boats in this weekend. Mahi is very tight to begin the week. We should see some product flowing in mid week.

**Snow Crab Clusters** - We are seeing pricing at historic highs due to quota restrictions put in place to preserve stocks. The season does not reopen until June, however, we are not expecting any relief in pricing.

**Lobsters** - Prices increased again this week as the supplies of lobsters on shore dried up and the winds are keeping the boats off the water.

**Salmon** - Markets started climbing, as expected. Historically we see them climb from now through Lent as the demand has increased dramatically.

**Lobster Tails** - Any tail over 6oz is going to be very tight until the new season start this spring. Inventories are very low and prices should continue to climb.

**Oysters** - We have three new oysters on the list this week! Lucky Limes & Irish Points will be here for St. Patrick's Day week. 'Boomamotos' will be new from Maine. These petite cocktail oysters are tumbled by the tides and resemble a kumamoto oyster from the West Coast.



### Order Online!

Capital Seaboard now has an app available for ordering in the App store and Google Play. This app will allow you to look up previous orders, view your order guide, see what local items and specials are available, as well as receive important announcements. We constantly strive to increase customer service and make ordering product as easy as possible. Customer service and simplicity in ordering allow you to focus on what is important; running your business.